

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
<p>PLEASE NOTE MENUS SUBJECT TO CHANGE WITH RD APPROVAL</p>			<p>1 Chicken Salad Sandwich w/ lettuce & tomato Apple Cole Slaw WG bread</p>	<p>2 Pork Pazole Soup Carrots Orange WW roll</p>
<p>Lunch Served M - Th 11:45 AM - 12:15 PM</p>	<p>6 Broccoli Beef over egg noodles Corn & Red peppers Mixed Berries & Yogurt WW roll</p>	<p>7 Turkey Wrap w/ cream cheese, spinach & cranberry Roasted Potatoes Orange</p>	<p>8 Chicken Burrito w/ cheese & rice sour cream & salsa on WW tortilla Mexi slaw Tangerine </p>	<p>9 Spaghetti w/ meat sauce WW noodles Peas & carrots Banana WW garlic bread</p>
<p>ALL MEALS INCLUDE 1% MILK * BUTTER IS OFFERED WITH ROLLS</p> 	<p>13 Beef Olé sour cream & salsa Mexi Corn w/ black beans Tangerine Cornbread</p>	<p>14 Asian Chicken Casserole over chow mein noodles Peas & Carrots Pineapple & Manderins </p>	<p>15 Fish Bake Rice Pilaf Caesar Salad Banana & Strawberries</p>	<p>16 Beef Shepherds Pie Mashed Red Potatoes Peas & carrots Apple WW roll</p>
<p>Suggested Contribution</p> <p>SITE SENIOR \$4.00 HOMEBOUND SENIOR \$4.00 NON-SENIOR: UNDER 60 \$10.00</p> <p>There is no obligation to contribute. A contribution is purely voluntary because of failure or inability to contribute.</p>	<p>21 Bean and cheese burrito w/ brown rice Sour cream & salsa WW tortilla Mexi coleslaw Mixed berries </p>	<p>22 Tuna Salad Sandwich WG Bread Spinach Salad w/ manderins Pears</p>	<p>23 Baked Chicken Pea Salad Brown Rice Manderins WW roll</p>	<p>24 Veggie Frittata w/ spinach, kale, squash & tomatoes Roasted Potatoes Red Grapes WW roll</p>
<p> MEAL CONTAINS MORE THAN 1000 MG OF SODIUM</p>	<p>27 Fish Taco w/ mexi slaw, lemon & tartar sauce WW Tortilla Garden Salad Pineapple & Manderins</p>	<p>28 Chili Summer Squash w/red peppers Apple Cornbread</p>	<p>29 Chef Salad w/ turkey, ham & egg Melon WW roll</p>	<p>30 Veggie Lasagna w/ marinara Tangerine WG Breadstick </p>