













	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
<p>PLEASE NOTE MENUS SUBJECT TO CHANGE WITH RD APPROVAL</p>	<p>BBQ Chicken Roasted Red Potato Mexi-Corn</p> <p>WW Roll Tangerine</p>	<p>Chicken Pot Pie w/ carrots,bell,onion celery,peas</p> <p>WW Roll Pears</p>	<p>Spaghetti w/ meat sauce Zucchini w/ red bells WW Breadstick</p> <p> Apple</p>	<p>Beef Cottage Pie w/ carrots, peas, onion</p> <p>Mashed red potato Peaches WW Roll Angel Food Cake</p> <p></p>
<p>SENIOR NUTRITION CLOSED ON FRIDAYS</p> <p></p> <p>GREAT NORTHERN -services-</p>	<p>Chicken Vegetable Soup (carrot,celery,onion,spin,tom,zucs) w/ rice Roasted Apples w/ Sweet potato WW Roll</p>	<p>CLOSED</p> <p></p>	<p>Veggie Frittata Oven potatoes</p> <p>Banana WW Roll</p>	<p>Beef Stew w/ carrots and potatoes</p> <p>Fruit Cocktail Cornbread Muffin</p>
<p>ALL MEALS INCLUDE 1% MILK * BUTTER IS OFFERED WITH ROLLS</p>	<p>Veggie Tortellini w/ marinara Peppers, onions, spinach, tomato</p> <p>Orange WW Garlic Bread</p>	<p>Cheeseburger w/ lettuce, tomato, onion WW Bun</p> <p>Sweet Potato Fries Grapes</p>	<p>Chicken Taco w/ lettuce, tomato, onion Salsa WW Tortilla</p> <p>Blackbeans & Corn</p> <p>Bananas & mixed berries</p>	<p>Roast Pork & Gravy w/ red peppers & onions</p> <p>Butternut Squash w/ roasted cabbage WW Roll Mandarins</p>
<p></p> <p>MEAL CONTAINS MORE THAN 1000 MG OF SODIUM</p>	<p>Tuna Casserole</p> <p>Mixed greens salad w/ beets and cucumbers</p> <p>Bananas & berries WW Roll</p>	<p>Broccoli Beef w/ Egg Noodles Ginger Honey Carrots</p> <p>Pineapples & Mandarins WW Roll</p> <p></p>	<p>Roasted Turkey w/gravy Yams and Green Beans Cornbread Stuffing Cranberry Sauce Spiced Pears Pumpkin Cake</p> <p></p>	<p> Sorry.....We're CLOSED  Happy Thanksgiving</p>
<p>Suggested Contribution Site Senior \$4.00 Home Delivered \$4.00 Non Senior \$10.00</p> <p><i>There is no obligation to Contribute. A contribution is purely voluntary. No eligible participant will be denied service because of failure or inability to contribute.</i></p>	<p></p>		<p></p>	<p></p>