









	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
PLEASE NOTE MENUS SUBJECT TO CHANGE WITH RD APPROVAL	CLOSED 	1 Fish Sandwich w/ lettuce, tomato & onion on WW Bun Tartar Sauce Mexi-Slaw Strawberry Applesauce	2 Veggie Lasagna w/ marinara 3 Bean Salad Tangerine WW garlic breadstick	3 Beef Chili Casserole Summer Squash w/red peppers Grapes Cornbread Jello w/ banana
SENIOR NUTRITION CLOSED ON FRIDAYS	8 Teriyaki Chicken w/ brown rice Peas & Carrots Tangerine	9 Chef Salad w/ ham & turkey Mandarins & Tropical Fruit WW Roll	10 Mac & Cheese Garden salad w/ peppers Apple WW Roll 	11 Minestrone 1/2 turkey & cheese sandwich on WG Bread w/ lettuce & tomato Orange
ALL MEALS INCLUDE 1% MILK * BUTTER IS OFFERED WITH ROLLS	15 1/2 Tuna Sandwich w/ lettuce, tomato WG Bread Pea Salad Orange 	16 Chicken Broccoli Alfredo Garden Salad w/peppers Apple WW garlic breadstick	17 Beef Stew w/ carrots & potatoes Fruit Cocktail Cornbread Muffin	18 Veggie Frittata (spinach, peppers, onion, tomato) Roasted Red Potato Banana WW Roll
 GREAT NORTHERN services	22 Chicken Taco Salad w/ lettuce, tomato, onion Salsa Tortilla Chips Bananas & Mixed Berries WW Roll	23 Cheeseburger w/ lettuce, tomato, onion WW Bun Sweet Potato Fries Grapes	24 Sweet & Sour Chicken w/ red peppers & pineapple over brown rice Peas and Carrots Mandarins	25 Veggie Tortellini w/ marinara peppers, onions, spinach, tomato  Orange WW garlic breadstick
 MEAL CONTAINS MORE THAN 1000 MG OF SODIUM	29 Chicken w/ Veggies (peppers, onion, broccoli) Ginger Honey Carrots Bananas & Strawberries WW Roll	30 Chicken Pasole Soup Cauliflower & Carrots Roasted Red Potatoes Orange WW Roll	