
















MARCH

2025

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
<p>PLEASE NOTE MENUS SUBJECT TO CHANGE WITH RD APPROVAL</p> <p>SENIOR NUTRITION CLOSED ON FRIDAYS</p>  <p>ALL MEALS INCLUDE 1% MILK * BUTTER IS OFFERED WITH ROLLS</p>  <p>GREAT NORTHERN services</p> <p>MEAL CONTAINS MORE THAN 1000 MG OF SODIUM</p> 	<p>3</p> <p>Orange Chicken w/ brown rice</p> <p>Spinach Salad w/ mandarins</p> <p>Orange</p>	<p>4</p> <p>Fish Taco w/ lettuce, tomato & onion</p> <p>Brown Rice Tartar Sauce</p>  <p>Mexi-Slaw Tangerine</p>	<p>5</p> <p>Veggie Lasagna w/ marinara</p> <p>Caesar Salad</p> <p>Strawberry Applesauce</p> <p>WG Breadstick</p> 	<p>6</p> <p>Beef Chili</p> <p>Garden Salad w/red peppers</p> <p>Grapes</p> <p>Cornbread</p> <p>Jello w/ banana</p>
	<p>10</p> <p>Teriyaki Chicken w/ brown rice</p> <p>Peas & Carrots</p> <p>Tangerine</p>	<p>11</p> <p>Chef Salad w/ ham & turkey</p> <p>Mandarins & Tropical Fruit</p>  <p>WW Roll</p>	<p>12</p> <p>Mac & Cheese</p> <p>Brussel Sprouts</p>  <p>Apple WW Roll</p> 	<p>13</p> <p>Beef Barley soup</p> <p>1/2 ham & cheese sandwich on WG bread w/ lettuce & tomato</p> <p>Orange</p> 
	<p>17</p> <p>1/2 Tuna Sandwich on WG Bread</p> <p>Pea Salad</p> <p>Orange</p> 	<p>18</p> <p>Chicken Broccoli Alfredo</p> <p>Garden Salad w/peppers</p> <p>Apple WW garlic breadstick</p>	<p>19</p> <p>Beef stew w/ carrots and potatoes</p> <p>Caesar Salad</p> <p>Fruit cocktail</p> <p>Cornbread Muffin</p> 	<p>20</p> <p>Veggie Frittata</p> <p>Oven potatoes</p>  <p>Banana WW Roll</p> <p>Chocolate Chip Cookie</p>
	<p>24</p> <p>Chicken Taco Salad w/ lettuce, tomato, onion Salsa</p> <p>Tortilla Chips</p> <p>Bananas & mixed berries</p> <p>WW Roll</p> 	<p>25</p> <p>Cheeseburger w/lettuce, tomato, onion</p> <p>WW Bun</p> <p>Sweet Potato Fries</p> <p>Grapes</p>	<p>26</p> <p>Sweet & Sour Pork w/ red peppers & pineapple over brown rice</p> <p>Peas and carrots</p> <p>Mandarins</p> 	<p>27</p> <p>Veggie Tortellini w/ marinara</p> <p>Peppers, onions, spinach, tomato</p>  <p>Orange WW Garlic Bread</p>
	<p>31</p> <p>Broccoli Beef w/ Egg Noodles</p> <p>Ginger Honey Carrots</p> <p>Pineapples & mandarins</p> <p>WW Roll</p>	