

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
<p>PLEASE NOTE MENUS SUBJECT TO CHANGE WITH RD APPROVAL</p>				
<p>SENIOR NUTRITION CLOSED ON FRIDAYS</p>	<p> Tuna Casserole ³ Mixed greens salad w beets cucumber carrot Bananas & berries WW roll</p>	<p>Veggie Rigatoni ⁴ 3 Bean Salad Apple WW roll</p>	<p>Chicken Adobo ⁵ w/ Brown rice Zucchini w/ peppers Tangerine</p>	<p>Broccoli Beef ⁶ w/ Egg Noodles Ginger Honey Carrots Pineapples & mandarins WW Roll Chocolate Chip Cookie</p>
<p>ALL MEALS INCLUDE 1% MILK * BUTTER IS OFFERED WITH ROLLS</p>	<p>Chicken Burrito ¹⁰ w/ cheese & rice sour cream & salsa on WW tortilla Mexi slaw Tangerine</p>	<p>Polenta Veggie casserole ¹¹ 3 Bean Salad Apple WW garlic bread</p>	<p>Spaghetti ¹² w/ meat sauce WW noodles Peas & carrots Banana WW garlic bread</p>	<p>Pork Posole Soup ¹³ Cauliflower & Carrots Oven Potatoes Orange WW Roll</p>
<p> GREAT NORTHERN - services -</p>	<p> CLOSED ¹⁷</p>	<p>Beef Tacos ¹⁸ w/ lettuce, tomato & onion sour cream & salsa Black Beans w/ brown rice Tangerine</p>	<p>Meatloaf ¹⁹ Mashed Red Potatoes Peas & carrots Apple WW Roll</p>	<p>Chicken enchilada ²⁰ w/ spinach on corn tortilla Black beans Mexi corn Banana Vanilla Pudding</p>
<p> MEAL CONTAINS MORE THAN 1000 MG OF SODIUM</p>	<p>Bean and cheese burrito ²⁴ w/ brown rice Sour cream & salsa WW tortilla Mexi coleslaw Mixed berries</p>	<p>Chef Salad ²⁵ w ham& turkey mandarins & tropical fruit WW Roll</p>	<p>Baked Chicken ²⁶ Pea Salad Sweet Potato Mandarins WW roll</p>	<p>Beef Lasagna ²⁷ Garden Salad w/ peppers Tangerine WW Roll</p>