ition	•April,	2024	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY
1 Broccoli Beef w/ Egg Noodles Ginger Honey Carrots Pineapples & mandarins WW Roll	2 Tuna Casserole Mixed greens salad w/ beets and cucumbers Bananas & berries WW roll	3 Veggie Rigatoni 3 Bean Salad Apple WW roll	4 Chicken Adobo w/ Brown rice Zucchini w/ peppers Tangerine Jello w/ tropical fruit
8 Polenta Veggie casserole 3 Bean Salad Apple WW garlic bread	9 Pork Pasole Soup Cauliflower & Carrots Oven Potatoes Orange WW Roll	10 Chicken Burrito w/ cheese & rice sour cream & salsa on WW tortilla Mexi slaw Tangerine	11 Spaghetti w/ meat sauce WW noodles Peas & carrots Banana WW garlic bread
15 Beef Tacos w/ lettuce, tomato & onion sour cream & salsa Black Beans w/ brown rice Tangerine	¹⁶ Bean Chili Cauliflower & Carrots Cornbread Orange	17 Chicken enchilada w/ spinach on corn tortilla Black beans Mexi corn Banana	18 Meatloaf Mashed Red Potatoes Peas & carrots Apple WW Roll Chocolate Chip Cookie
22 Bean and cheese burrito w/ brown rice Sour cream & salsa WW tortilla Mexi coleslaw Mixed berries	23 Turkey Pot Pie Casserole w/ mixed veggies Green Beans Tangerine WW Roll	24 Beef Lasagna Garden Salad w/ peppers Tangerine WW Roll	25 Baked Chicken Pea Salad Sweet Potato Mandarins WW roll
29 Fish Taco w/ lettuce, tomato & onion Brown Rice Tartar Sauce Mexi-Slaw Tangerine	30 Beef Chili Summer Squash w/red peppers Grapes Cornbread		
	MONDAY Broccoli Beef w/ Egg Noodles Ginger Honey Carrots Pineapples & mandarins WW Roll Polenta Veggie casserole 3 Bean Salad Apple WW garlic bread Seef Tacos w/ brown rice Tangerine Black Beans w/ brown rice Tangerine Bean and cheese burrito w/ brown rice Sour cream & salsa Black Beans w/ brown rice Sour cream & salsa Black Beans w/ brown rice Sour cream & salsa Black Beans w/ brown rice Sour cream & salsa Black Beans WW tortilla Mexi coleslaw Mixed berries 29 Fish Taco w/ lettuce, tomato & onion Brown Rice Tartar Sauce Mexi-Slaw	MONDAYTUESDAYBroccoli Beef w/ Egg Noodles1Tuna Casserole2Ginger Honey Carrots Pineapples & mandarins WW RollMixed greens salad w/ beets and cucumbers Bananas & berries WW roll9Polenta Veggie casserole Apple WW garlic breadPork Pasole Soup9Seef Tacos w/ lettuce, tomato & onion sour cream & salsa15Bean ChiliBlack Beans w/ brown rice Tangerine15Bean ChiliBean and cheese burrito w/ brown rice Tangerine1616Mexi coleslaw WW tortilla22Turkey Pot Pie Casserole w/ mixed veggiesMexi coleslaw W tortilla23Tangerine WW RollSeef Tacos w/ brown rice Tangerine1016Been and cheese burrito w/ brown rice Sour cream & salsa WW tortilla23Mexi coleslaw Witettuce, tomato & onion Brown Rice Tartar Sauce2930Mexi-Slaw2930Mexi-SlawGrapes30	MONDAYTUESDAYWEDNESDAYBroccoli Beef w/ Egg Noodles1Tuna Casserole Mixed greens salad w/ beets and cucumbers Bananas & berries Bananas & berries Bananas & berries Bananas & berries Bananas & berries WW roll2Veggie Rigatoni3Polenta Veggie casserole 3 Bean Salad Apple WW garlic breadPork Pasole Soup Cauliflower & Carrots Oven Potatoes3Chicken Burrito w/ cheese & rice sour cream & salsa Oven Potatoes10WW garlic breadPork Pasole Soup Cauliflower & Carrots Oven Potatoes9Chicken Burrito w/ cheese & rice sour cream & salsa Orange WW Roll10Beef Tacos w/ brown rice Tangerine15Bean Chili Cauliflower & Carrots Carrots16Black Beans w/ brown rice Tangerine17Chicken enchilada w/ spinach on corn tortilla Black beans Mexi corn Banana17Bean and cheese burrito w/ brown rice Sour cream & salsa WW tortilla22Turkey Pot Pie Casserole w/ mixed veggies Green BeansBeef Lasagna Garden Salad w/ peppers24Mexi coleslaw Wixed berries29Beef Chili30Fish Taco w/ lettuce, tomato & onion Brown Rice Tartar Sauce Mexi-Slaw29Beef Chili30Fish Taco W/ lettuce, tomato & onion Brown Rice Tartar Sauce Mexi-Slaw29Beef Chili30Wirdel peppers Mexi-Slaw29Beef Chili30Wirdel peppers Grapes3030