

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
<p>PLEASE NOTE MENUS SUBJECT TO CHANGE WITH RD APPROVAL</p>				<p>Sweet & Sour Pork w/ red peppers & pineapple over brown rice</p> <p>Peas and carrots</p> <p>Mandarins </p>
<p>SENIOR NUTRITION CLOSED ON FRIDAYS</p>	<p> Tuna Casserole ⁵</p> <p>Mixed greens salad w/ beets and cucumbers</p> <p>Bananas & berries WW roll</p>	<p>Veggie Rigatoni ⁶</p> <p>3 Bean Salad</p> <p>Apple WW roll</p>	<p>⁷ Chicken Adobo w/ Brown rice</p> <p>Zucchini w/ peppers</p> <p>Tangerine</p>	<p>⁸ Broccoli Beef w/ Egg Noodles</p> <p>Ginger Honey Carrots Pineapples & mandarins WW Roll Chocolate Chip Cookie</p>
<p>ALL MEALS INCLUDE 1% MILK * BUTTER IS OFFERED WITH ROLLS</p>	<p>¹² Chicken Burrito w/ cheese & rice sour cream & salsa on WW tortilla</p> <p>Mexi slaw </p> <p>Tangerine</p>	<p>¹³ Polenta Veggie casserole</p> <p>3 Bean Salad</p> <p>Apple </p> <p>WW garlic bread</p>	<p>¹⁴ Spaghetti w/ meat sauce WW noodles</p> <p>Peas & carrots</p> <p>Banana WW garlic bread</p>	<p>¹⁵ Pork Pasole Soup</p> <p>Cauliflower & Carrots Oven Potatoes</p> <p>Orange WW Roll</p>
<p> GREAT NORTHERN - services -</p>	<p> CLOSED ¹⁹</p>	<p>²⁰ Beef Tacos w/ lettuce, tomato & onion sour cream & salsa</p> <p>Black Beans w/ brown rice Tangerine</p>	<p>²¹ Meatloaf</p> <p>Mashed Red Potatoes Peas & carrots</p> <p>Apple WW Roll </p>	<p>²² Chicken enchilada w/ spinach on corn tortilla</p> <p>Black beans Mexi corn Banana Vanilla Pudding </p>
<p> MEAL CONTAINS MORE THAN 1000 MG OF SODIUM</p>	<p>²⁶ Bean and cheese burrito w/ brown rice Sour cream & salsa WW tortilla</p> <p>Mexi coleslaw </p> <p>Mixed berries</p>	<p>²⁷ Turkey Pot Pie Casserole w/ mixed veggies</p> <p>Green Beans</p> <p>Tangerine WW Roll</p>	<p>²⁸ Baked Chicken</p> <p>Pea Salad</p> <p>Sweet Potato</p> <p>Mandarins WW roll</p>	<p>²⁹ Beef Lasagna</p> <p>Garden Salad w/ peppers</p> <p>Tangerine WW Roll</p>

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