

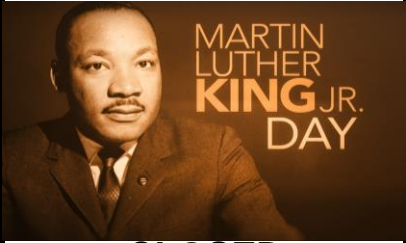





January 2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
<p>PLEASE NOTE MENUS SUBJECT TO CHANGE WITH RD APPROVAL</p>	<p>1</p>  <p>CLOSED</p>	<p>2</p> <p>Turkey Pot Pie Casserole w/ mixed veggies</p> <p>Green Beans</p> <p>Tangerine WW Roll</p>	<p>3</p> <p>Beef Lasagna</p> <p>Garden Salad w/ peppers</p> <p>Tangerine WW Roll</p>	<p>4</p> <p>Baked Chicken</p> <p>Pea Salad Sweet Potato Mandarins WW roll Brownie</p>
	<p><i>SENIOR NUTRITION CLOSED ON FRIDAYS</i></p>	<p>8</p> <p>Fish Taco w/ lettuce, tomato & onion Brown Rice Tartar Sauce</p> <p>Mexi-Slaw Tangerine</p>	<p>9</p> <p>Orange Chicken w/ brown rice</p> <p>Spinach Salad w/ mandarins</p> <p>Orange</p>	<p>10</p> <p>Beef Chili</p> <p>Summer Squash w/red peppers</p> <p>Grapes  Cornbread</p>
<p><i>ALL MEALS INCLUDE 1% MILK * BUTTER IS OFFERED WITH ROLLS</i></p>	<p>15</p>  <p>CLOSED</p>	<p>16</p> <p>Chef Salad w/ ham & turkey</p> <p>Mandarins & Tropical Fruit</p> <p>WW Roll</p>	<p>17</p> <p>Beef Barley soup</p> <p>1/2 ham & cheese sandwich on WG bread  w/ lettuce & tomato</p> <p>Orange</p>	<p>18</p> <p>Mac & Cheese</p> <p>Brussel Sprouts</p> <p>Apple WW Roll</p> <p>Jello w/banana</p>
 <p>GREAT NORTHERN - services -</p>	<p>22</p> <p>Chicken Broccoli Alfredo</p> <p>Garden Salad w/peppers</p> <p>Apple WW garlic breadstick</p>	<p>23</p> <p>1/2 Tuna Sandwich on WG Bread</p> <p>Pea Salad</p> <p>Orange</p>	<p>24</p> <p>Veggie Frittata</p> <p>Oven potatoes</p> <p>Banana WW Roll</p>	<p>25</p> <p>Beef stew w/ carrots and potatoes</p> <p>Fruit cocktail</p> <p>Cornbread Muffin</p>
 <p>MEAL CONTAINS MORE THAN 1000 MG OF SODIUM</p>	<p>29</p> <p>Veggie Tortellini w/ marinara Peppers, onions, spinach, tomato</p> <p>Orange WW Garlic Bread</p>	<p>30</p> <p>Cheeseburger w/lettuce, tomato, onion WW Bun</p> <p>Sweet Potato Fries Grapes</p>	<p>31</p> <p>Chicken Taco Salad w/ lettuce, tomato, onion Salsa Tortilla Chips</p> <p>Bananas & mixed berries WW Roll</p>	

