












	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
<p>PLEASE NOTE MENUS SUBJECT TO CHANGE WITH RD APPROVAL</p>	<p>1 Ref. bean & chs burrito on WW tortilla Lime cilantro brown rice Mexi Coleslaw Orange</p> 	<p>2 Chef salad w/ egg, ham, cheese WW roll Watermelon</p>	<p>3 Turkey ala king w/ mx veg & mushroom Broccoli WW roll Fresh pear</p> 	<p>4 Veggie frittata Oven potatoes Bran muffin Fresh apple Orange juice</p> 
<p>SENIOR NUTRITION CLOSED ON FRIDAYS</p> 	<p>8 Pork tenderloin w/ gravy Mashed red potatoes Peas and carrots WW roll Pears & blueberries</p>	<p>9 Chicken ole w/ corn tortillas Garden salad w/ peppers WW roll Tangerine</p>	<p>10 Twice baked potato w/ sr crm/chives/ham/chs Spinach salad w/ eggs and mandarins WW roll Strawb applesauce</p> 	<p>11 1/2 turkey & cheese sand on WG bread Lettuce & tomato Mac salad w/ peppers Pineapples & mandarins</p>
<p>ALL MEALS INCLUDE 1% MILK AND BUTTER</p> 	<p>15 Tuna casserole Mixed greens salad w/ beets and cucumbers WW roll Cantaloupe & honeydew</p>	<p>16 Chicken fajitas w/ peppers & onions Mexi coleslaw Spanish brown rice Fresh plum</p>	<p>17 Spaghetti w/ meat sauce WW noodles Sauteed Kale WW garlic bread Fresh Apricot</p>	<p>18 Cheeseburger on WW bun Lettuce, tomato, onion Sunchips Bananas & strawberries Chocolate pudding</p>
	<p>22 Macaroni & cheese Cauliflower & carrots WW roll cantaloupe & blueberries</p>	<p>23 Pulled pork sandwich on WW bread Coleslaw w/ apple Potato wedges fresh peach</p>	<p>24 Broccoli Beef Ses.Asian ww pasta salad w/ red peppers WW roll Red grapes</p>	<p>25 Turkey, bacon, ranch wrap on WW tortilla Pea salad Banana</p> 
<p>MEAL CONTAINS MORE THAN 1000MG OF SODIUM</p>  	<p>29 Teriyaki Chicken Chinese cabbage salad Brown rice Tangerine</p>	<p>30 Meatloaf & gravy Baked sweet potato Summer squash Mandrins & tropical fruit WW roll</p> 	<p>31 Polenta Veggie casserole chs/tom/zucc/corn/bells 3 bean salad w/ green, garbanzo & kidney bns WW garlic bread Mixed berries</p>	