






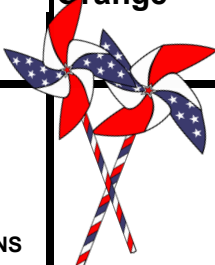
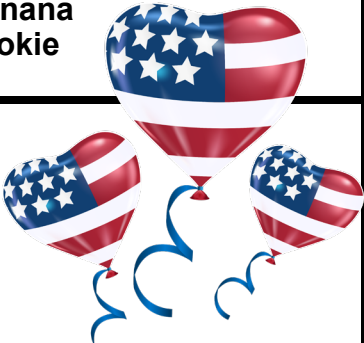


	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
<p>PLEASE NOTE MENUS SUBJECT TO CHANGE WITH RD APPROVAL</p>	<p>CLOSED Happy 4th of July</p> 	<p>Pulled Pork Sandwich WW roll Potato wedges Coleslaw Fresh Apricot</p>	<p>Swiss chard fritatta Oven potatoes w/ peppers and onions WW roll Fresh plum</p>	<p>Chicken taco salad w/ cheese Black bean & corn salsa Tortilla chips Tangerine</p> 
<p>SENIOR NUTRITION CLOSED ON FRIDAYS</p> 	<p>Veggie & cheese rigatoni Garden Salad w/ kidney beans WW roll Applesauce</p>	<p>Chef salad w/ ham and veggies WW roll Fresh peach</p> 	<p>Mexican Mac n' cheese Broccoli WW roll Red Grapes</p>	<p>Cheeseburger WW bun Lettuce and tomato Mac salad w/ peppers Watermelon Cupcake</p> 
<p>ALL MEALS INCLUDE 1% MILK AND BUTTER</p>	<p>Sweet & Sour Pork w/ red peppers & pineapple Peas and carrots Sesame Asian salad WW noodles Mandarins & pineapple</p>	<p>Chicken Parmesean Wild rice Brussell Sprouts WW roll Bannas & mixed berries</p>	<p>Tortellini w/ spinach & alfredo sauce Broccoli and Cauliflower WW garlic bread Peaches</p>	<p>Stuffed bell pepper w/ turkey and wild rice Spinach salad w/ eggs and mandarins WW roll Jello w/ tropical fruit</p> 
<p>GREAT NORTHERN services</p> 	<p>Ground beef tacos w/ cheese & sour cream Lettuce, tomatoes, salsa Cilantro lime brown rice Orange</p> 	<p>BBQ chicken Sweet potato wedges Mexi corn w/ peppers WW roll Cantaloupe & blueberries</p>	<p>Chicken & spinach enchilada w/ green sauce WW tortillas Black beans Spanish brown rice Fresh pear</p>	<p>1/2 Egg salad sandwich WG bread lettuce and tomato Broccoli salad Banana cookie</p> 
<p>MEAL CONTAINS MORE THAN 1000 MG OF SODIUM</p> 