



NOTES	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 WHOLE GR. SPAGHETTI W/MEAT SAUCE GREEN BEANS WHOLE GRAIN ROLL PEARS	2 REFRIED BEAN BURRITO LIME & CILANTRO BR. RICE WHOLE GRAIN TORTILLA MEXI COLESLAW GRAPES	3 1/2 PASTRAMI SANDWICH WH. GRAIN BREAD VEGGIE SOUP WH. GRAIN CRACKERS ORANGE	4 SENIOR DINING CENTER CLOSED ON FRIDAYS
ALL MEALS INCLUDE 1% MILK & BUTTER	7 BEEF CHILI SPINACH SALAD W/EGG AND MANDARINS CORN BREAD MUFFINS	8 VEGGIE LASAGNA SPINACH GARDEN SALAD GARLIC BREAD GRAPES	9 ROASTED CHICKEN BEET SALAD GARLIC OVEN POTATOES ORANGE	10 1/2 TURKEY SANDWICH WH. GRAIN BREAD BARLEY BEEF SOUP RED LEAF LETTUCE TOMATO SLICE APPLESAUCE/MULTI CHIPS	11
PLEASE NOTE: MENUS SUBJECT TO CHANGE WITH RD APPROVAL	14 HAMBURGER WHOLE GRAIN BUN LETTUCE/TOMATO SLICE OVEN FRIES COLESLAW BANANA	15 CHICKEN SOFT TACO WHOLE GRAIN TORTILLA BLACK BEANS LETTUCE & TOMATOES SPANISH BROWN RICE SALSA ORANGE	16 BAKED HAM HOLIDAY SALAD W/MAND. ITALIAN GREEN BEANS YAMS WH. GRAIN ROLL BAKED DESSERT	17 CHICKEN NOODLE SOUP 1/2 HAM & CHZ. SANDWICH WH. GRAIN BREAD RED LEAF LETTUCE TOMATO SLICE WH. GRAIN CRACKERS APPLESAUCE	18
	21 BEEF TIPS & GRAVY WHOLE GRAIN NOODLES SPINACH SALAD W/MANDARINS WHOLE GRAIN ROLL BANANA	22 MEXICAN MAC & CHEESE BROCCOLI WHOLE GRAIN ROLL PEARS	23 BAKED CHICKEN SESAME ASIAN NOODLE SALAD W/RED PEPPERS WHOLE GRAIN ROLL GRAPES	24 CLOSED 	25 
	28 WH. GR. TORTELLINI W/ALFREDO SAUCE ZUCCHINI W/RED PEPPERS WHOLE GRAIN ROLL PEARS	29 MEATLOAF & GRAVY MASHED RED POTATOES SPINACH WH. GRAIN ROLL BANANA	30 STUFFED POTATO W/BROCCOLI GREEN SALAD W/BEETS/CUKES WH. GR. ROLL PEACHES	31 CLOSED 	1  *

