




NOTES	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	2	3	4	5	6
Senior Nutrition Closed Fridays	HAMBURGERS WH. GRAIN BUN LETTUCE/TOMATO SLICE OVEN FRIES COLESLAW BANANA	BBQ CHICKEN SWEET POTATO FRIES GREEN BEANS WH. GRAIN ROLL ORANGE	TORTELLINI W/ALFREDO ZUCCHINI W/ RED PEPPERS WHOLE GRAIN ROLL PEARS	REFRIED BEAN BURRITO LIME & CILANTRO BR. RICE WH. GRAIN TORTILLA MEXI COLESLAW GRAPES	
ALL MEALS INCLUDE 1% MILK & BUTTER	9	10	11	12	13
	MAC & CHEESE BROCCOLI WHOLE GRAIN ROLL GRAPES	PORK & GRAVY MASHED POTATOES SUMMER SQUASH WH. GRAIN ROLL APPLESAUCE	CLOSED 	CHICKEN FAJITAS RED PEPPERS/ONIONS REFRIED BEANS WHOLE GRAIN TORTILLA ORANGE	
PLEASE NOTE: MENUS SUBJECT TO CHANGE WITH RD APPROVAL	16	17	18	19	20
	FISH SANDWICH ON WH. GRAIN ROLL SWEET POTATO WEDGES LETTUCE/TOMATO COLESLAW TARTAR SAUCE BANANA	STUFFED POTATOES W/BROCCOLI GREEN SALAD W/BEETS & CUKES WHOLE GRAIN ROLL PEACHES	TURKEY MASHED POTATOES/GRAVY ITALIAN GREEN BEANS STUFFING CRANBERRY SAUCE PUMPKIN DUMP CAKE BANANA	HOT DOGS WHOLE GRAIN BUN WH. GR. PASTA SALAD W/RED PEPPERS WHOLE GRAIN CHIPS ORANGE	
	23	24	25	26	27
	SPAGHETTI W/MEAT SAUCE ZUCCHINI & RED PEPPERS WHOLE GRAIN ROLL WHOLE GRAIN NOODLES PEACHES	TERIYAKI CHICKEN BROWN RICE SPINACH SALAD W/EGG & MANDARINS & PEPPERS WHOLE GRAIN ROLL	1/2 HAM & CHEESE SAND. 1 SLICE WH. GRAIN BREAD VEGGIE SOUP ORANGE	CLOSED 	
	30				
	GR. BEEF STROGANOFF WH. GRAIN NOODLES GARDEN SALAD W/EGG & MANDARINS & PEPPERS WH. GR. ROLL				

* MEAL CONTAIN MORE THAN 1000 MG SODIUM

