

NOTES	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 GREAT NORTHERN - services -		1 FISH SANDWICH SWEET POTATO WEDGES LETTUCE/TOMATO COLESLAW TARTAR SAUCE BANANA	2 TERIYAKI CHICKEN BROWN RICE SPINACH SALAD W/EGG & MANDARIN GRAPES	3 PORK & GRAVY MASHED RED POTATOES SUMMER SQUASH WH. GRAIN ROLL ORANGE	4 EGG SALAD SANDWICH WH. GRAIN BREAD GARDEN SALAD W/PEPPERS WATERMELON BROWNIE
	ALL MEALS INCLUDE 1% MILK & BUTTER	7 <i>SENIOR DINING CENTER CLOSED ON MONDAYS</i>	8 HAMBURGER WH. GRAIN BUN BAKED BEANS LETTUCE/TOMATO MULTI GRAIN CHIPS TANGERINE	9 CHICKEN TACO SALAD W/ BLACK BEAN CORN SALSA RANCH DRESSING TORTILLA CHIPS CANTALOUPE	10 VEGETARIAN RIGATONI W/ZUCCHINI, RED PEPPERS TOMATOES, ONIONS GREEN SALAD W/VEGGIES WH. GRAIN ROLL GRAPES
PLEASE NOTE: MENUS SUBJECT TO CHANGE WITH RD APPROVAL	14	15 SPAGHETTI W/MEAT SAUCE ZUCCHINI & RED PEPPERS GREEN SALAD WH. GRAIN ROLL PEACHES	16 BAKED FISH LEMON HERB RICE CARROTS PEA SALAD TARTAR SAUCE GRAPES	17 SLICED TURKEY & GRAVY MASHED RED POTATOES BROCCOLI WH. GRAIN ROLL BANANA	18 HAM SANDWICH WH. GRAIN BREAD LETTUCE/TOMATO POTATO SALAD ORANGE
	21	22 MEATLOAF & GRAVY MASHED RED POTATOES SPINACH WH. GRAIN ROLL PEARS	23 CHEF SALAD W/HAM & VEGGIES WH. GRAIN ROLL WATERMELON	24 MAC & CHEESE BROCCOLI WH. GRAIN ROLL GRAPES	25 TUNA SALAD SANDWICH WH. GRAIN BREAD SPINACH SALAD ORANGE MULTI GRAIN CHIPS
	28	29 CHICKEN SPINACH ENCHILADA BLACK BEANS MEXI CORN TORTILLA CHIPS PEARS	30 PULLED PORK SANDWICH WH. GRAIN HOAGIE ROLL POTATO WEDGES BAKED BEANS RED GRAPES		

* MEAL CONTAIN MORE THAN 1000 MG SODIUM