






NOTES	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	 <p>GREAT NORTHERN - services -</p>		<p>CLOSED</p>  <p>HAPPY NEW YEAR</p>	<p>BAKED FISH PEAS HERB RICE GREEN SALAD TARTER SAUCE SLICED PEACHES</p>	
ALL MEALS INCLUDE 1% MILK & BUTTER	<p>SENIOR DINING CENTER CLOSED ON MONDAYS</p>	<p>SPAGHETTI WITH MEAT SAUCE ZUCCHINI & RED BELL PEPPER WHOLE WHEAT ROLL MARINATED SALAD STRAWBERRIES & BANANA</p> <p>*</p>	<p>PORK TENDER LOIN & GRAVY RICE SWEET POTATO PEAS RASIN MUFFIN</p>	<p>BAKED CHICKEN RED POTATO WEDGES LIMA BEANS & CARROTS SLICED PEACHES WHOLE WHEAT ROLL</p>	
PLEASE NOTE: MENUS SUBJECT TO CHANGE WITH RD APPROVAL		<p>BEEF STEW CORN BREAD SPINACH SALAD WITH EGG FRESH PEAR</p>	<p>STUFFED BELL PEPPER WITH GROUND TURKEY & WILD RICE CORN WHOLE WHEAT ROLL MANDARINS & PINEAPPLE</p> <p>*</p>	<p>BROCCOLI BEEF GINGER HONEY CARROTS BROWN RICE CHINESE CABBAGE SALAD COOKIE</p>	
		<p>MEAT LOAF MASHED POTATOES SPINACH SLICED TOMATOES WHOLE WHEAT ROLL BANANA</p>	<p>B.B.Q. CHICKEN SWEET POTATO WEDGES ZUCCHINI & RED BELL PEPPERS WHOLE WHEAT PITA FRUIT COCKTAIL</p>	<p>CHICKEN & SPINACH ENCHILADA BLACK BEANS MEXI CORN Strawberry applesauce</p>	
		<p>BEEF LASAGNA ITALIAN GREEN BEANS GARLIC WHEAT PITA BREAD SPINACH SALAD WITH EGG & MANDARIN SLICES</p>	<p>BAKED FISH WINTER SQUASH HERB RICE COLESLAW TARTAR SAUCE BROWNIES</p>	<p>PULLED PORK ON 1/2 HOAGIE ROLL GARLIC RED POTATO WEDGES COLESLAW FRUIT COCKTAIL</p>	

* MEAL CONTAINS MORE THAN 1000 MG SODIUM