

## Mt. Shasta Fresh

Mt. Shasta Fresh is a *Community Development Block Grant* (CDBG) program offering support to households living within the city limits of Mt. Shasta. To be eligible for participation, an applicant's annual income must be below the median household income limit by size of household *(see chart below for current income limits)*.

This program assists eligible applicants in need of supplemental healthy food by providing fresh produce once a month. During the local growing season, produce will be purchased from local farmers whenever possible.

Once enrolled in the program, participants will receive a distribution calendar for produce pickup. Times and locations will be set in an effort to make the program easily accessible by working families and seniors.

Participants will be required to complete the *Public Service Program Self Certification of Income for CDBG Funded Activity* form one time, as well as provide a City of Mt. Shasta water bill as proof of residency within City limits.

HOUSEHOLD SIZE	1	2	3	4	5	6	7	8
INCOME LIMIT	\$33,550	\$38,350	\$43,150	\$47,900	\$51,750	\$55,600	\$59,400	\$63,250

## **◆ PARTICIPANT INFORMATION FORM ◆**

Please complete the following *Participant Information Form*. This information will help us determine your eligibility.

Have you been enrolled in the program before? ☐ YES ☐ NO									
Name of head of household:		Number people in household:							
Current address:									
Mailing address (if different):									
Telephone number:		☐ Home	☐ Cell	☐ Work	☐ Other				
Telephone number:		☐ Home	☐ Cell	☐ Work	☐ Other				
e-mail address:		☐ I would like to be contacted by e-mail							
Date:	Signature:								



